

The 11 paths cover the 5 Core Competencies

Public Speaking	PRESENTATION MASTERY – PM ENGAGING HUMOR – EH
Interpersonal Communications/ Strategic Leadership	DYNAMIC LEADERSHIP – DL MOTIVATIONAL STRATEGIES – MS STRATEGIC RELATIONSHIPS – SR
Strategic Leadership/ Interpersonal Communications	PERSUASIVE INFLUENCE – PI VISIONARY COMMUNICATION – VC
Management/ Interpersonal Communications	INNOVATIVE PLANNING – IP TEAM COLLABORATION – TC
Interpersonal Communications/ Management	EFFECTIVE COACHING – EC LEADERSHIP DEVELOPMENT – LD

Key

“R” a Required project, “E” an Elective
 “X” not an Elective, it is already Required
 “O” The Mentoring Program is Optional
 “P” pre-selected electives in printed Materials

ALL	PRESENTATION MASTERY – PM	DYNAMIC LEADERSHIP – DL	PERSUASIVE INFLUENCE – PI	INNOVATIVE PLANNING – IP	EFFECTIVE COACHING – EC	LEADERSHIP DEVELOPMENT – LD
ALL	ENGAGING HUMOR – EH	MOTIVATIONAL STRATEGIES – MS	VISIONARY COMMUNICATION – VC	TEAM COLLABORATION – TC		
P		STRATEGIC RELATIONSHIPS – SR				
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Some projects in Pathways are the same as the traditional system

1 – Mastering Fundamentals (3 Required Projects) – they are the same for all paths. Project Summary

Ice Breaker	R	,	,	,	,	,	,	,	1	4-6 min speech
Evaluation and Feedback – Speech	R	,	,	,	,	,	,	,		5-7 min speech
- Second Speech	R	,	,	,	,	,	,	,	2	Use the feedback in a 5-7 min speech
-Speech Evaluation	R	,	,	,	,	,	,	,	3 CL(3)	Give a Speech Evaluation
Researching and Presenting	R	,	,	,	,	,	,	,	7	5-7 min speech

2 – Learning Your Style (3 Required Projects)

Active Listening	.	.	.	R	.	R	.	.	.	R	TTM	Table Topics Master
Connect with Your Audience	.	.	R	R	.	Pick an unfamiliar topic, 5-7 min speech
Cross-Cultural Understanding	R	Questionnaire, 5-7 min speech
Effective Body Language	.	R	5	Video your speech, 5-7 min speech
Know your sense of Humor	.	.	R	5-7 min speech
Managing Time	R	.	.	Keep a Time Sheet, 5-7 min speech
Understanding Your Communication Style	.	R	.	R	R	.	R	R	.	.	.	Questionnaire, 5-7 min speech
Understanding Your Leadership Style	.	.	.	R	.	R	R	R	R	R	R	Questionnaire, 5-7 min speech
Introduction to Toastmasters Mentoring	R	,	,	,	,	,	,	,	,	,		5-7 min speech

ALL	P	E	D	M	S	P	V	E	L	I	T
	M	H	L	S	R	I	C	C	D	P	C

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Level 3 – Increasing Knowledge (1 Required Project and 2 Electives)

Develop a Communication Plan	R	Write a Plan, 5-7 min speech
Engage your Audience with Humor	.	R	5-7-min speech
Make Connections Through Networking	R	Attend a Networking Event, 5-7 min speech
Negotiate the Best Outcome	.	.	R	Review a real-life Negotiation, 5-7 min speech
Persuasive Speaking	.	R	9 Resource 5-7 min speech
Planning and Implementing	R	.	.	.	CL(5) Plan a real Event, 2-3 Min or 5-7 min speech
Present a Proposal	R	.	.	Make a real-life proposal, 5-7 min speech
Reaching Consensus	R	Lead Non-TM Group to Consensus, 20 min Discussion, 5-7 min speech
Successful Collaboration	R	.	Make decisions with a team, 5-7 min speech
Understanding Conflict Resolution	R	IC Watch video, 5-7 min speech
Understanding Emotional Intelligence	.	.	.	R	Keep a Journal, 5-7 min speech
Toastmaster & Table Topics Master	R	Required Tasks at a club meeting
Active Listening	.	E	E	E	X	E	X	E	E	E	E	TTM Table Topics Master
Connect with Storytelling	P	E	E	E	E	E	E	E	E	E	E	ST Choose Story, 5-7 minute speech
Connect with Your Audience	.	E	E	E	E	E	E	E	E	X	E	PS#5 Pick an unfamiliar topic, 5-7 min speech
Creating Effective Visual Aids	.	E	E	E	E	E	E	E	E	E	E	8 Create 1-3 visual aids, 5-7 min speech
Deliver Social Speeches	P	E	E	E	E	E	E	E	E	E	E	SO Two 3-4 min speeches
Effective Body Language	.	X	E	E	E	E	E	E	E	E	E	5 5-7 min speech
Focus on the Positive	.	E	E	E	E	E	E	E	E	E	E	Record moods for two weeks, 5-7 min speech
Inspire Your Audience	.	E	E	E	E	E	E	E	E	E	E	10 5-7 min speech
Know your sense of Humor	.	E	X	E	E	E	E	E	E	E	E	5-7 min speech, NB: New Elective
Make Connections Through Networking	.	E	E	E	E	X	E	E	E	E	E	Attend a Networking Event, 5-7 min speech
Prepare for an Interview	.	E	E	E	E	E	E	E	E	E	E	Questionnaire, 5-7 min speech
Understanding Vocal Variety	.	E	E	E	E	E	E	E	E	E	E	6 5-7 min speech
Using Descriptive Language	.	E	E	E	E	E	E	E	E	E	E	4 5-7 min speech
Using Presentation Software	.	E	E	E	E	E	E	E	E	E	E	TP#2 Create Slides, 5-7 min speech

Toastmaster Mentoring Program (3 Optional Projects)

Prepare to Mentor	O	Self discovery about Mentoring
Mentoring	O	Work with a protégé on a project, 5-7 min speech
Advanced Mentoring	O	Mentor a protégé for 6 months, 5-7 min speech

ALL	P	E	D	M	S	P	V	E	L	I	T
	M	H	L	S	R	I	C	C	D	P	C

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Level 4 – Building Skills (1 Required Project and 1 Elective) **Project Summary**

Communicate Change	R	Develop a Plan, 5-7 min speech
Improvement Through Positive Coaching	R	IC#4 Coach Individual, 5-7 min speech
Leading in Difficult Situations	R	Make a Plan, 5-7 min, 2-3 min Impromptu
Leading Your Team	R	.	.	.	CL(10) Lead a team to completion, 5-7 min speech
Manage Change	.	.	R	Create a plan, 5-7 min speech
Manage Projects Successfully	R	.	.	Complete a project, 2-3 min, 5-7 min
Managing a Difficult Audience	.	R	Handle interruptions, 5-7 min speech
Motivate Others	.	.	.	R	R	.	CL(8) Complete a project, 5-7 min speech
Public Relations Strategies	R	PR Create a PR Strategy, 5-7 min speech
The Power of Humor in an Impromptu speech	.	.	R	Two 2 to 3 min impromptu speeches
Building a Social Media Presence	.	E	E	E	E	E	E	E	E	E	E	Establish a Social Media profile, 5-7 min speech
Create a Podcast	.	E	E	E	E	E	E	E	E	E	E	CoV#5 Create podcasts (60 min total), 2-3 min speech
Manage Online Meetings	.	E	E	E	E	E	E	E	E	E	E	Run a 20-25 min online meeting
Manage Projects Successfully	.	E	E	E	E	E	E	E	E	X	E	HPL Complete a project, 2-3 Min before, 5-7 Min after
Managing a Difficult Audience	.	X	E	E	E	E	E	E	E	E	E	PR Pick members to interrupt a, 5-7 min speech
Public Relations Strategies	.	E	E	E	E	X	E	E	E	E	E	PR PR Strategy, 5-7 min speech
Question-and-Answer Session	P	E	E	E	E	E	E	E	E	E	E	SbM#1 15-20 min speech with Q and A
Write a Compelling Blog	.	E	E	E	E	E	E	E	E	E	E	Make 8 blog posts, 2-3 min speech

Level 5 – Demonstrating Expertise (2 Required Projects and 1 Elective)

Deliver Your Message with Humour	.	.	R	18 to 22 min keynote speech
Develop Your Vision	R	LE Create a detailed Vision, Two 5-7 min speeches
High Performance Leadership	R	R	.	R	.	.	HPL Complete a Leadership Project.
Lead in Any Situation	.	.	R	R	LE Leadership (6 mths), 360° Eval, 8-10 min speech
Leading in Your Volunteer Organization	R	LE Leadership (6 mths), 360° Eval, 5-7 min speech
Manage Successful Events	R	.	.	.	CL(10) Plan and complete an event, 5-7 min speech
Prepare to Speak Professionally	.	R	TPS#1 Create visual aids, 18-22 min speech
Team Building	.	.	.	R	CL(10) Build a team, Event, 2-3 min before, 5-7 min after
Reflect on Your Path	R	10-12 min speech
Ethical Leadership	.	E	E	E	E	E	E	E	E	E	E	Create your ethical framework, 20-40 min Panel Discussion and Q&A
High Performance Leadership	.	E	E	E	E	X	E	X	E	X	E	HPL Leadership Project using HPL guidelines.
Leading in Your Volunteer Organization	.	E	E	E	E	X	E	E	E	E	E	LE Leadership role (6 mths), 360° Evaluation, 5-7 min speech
Lessons Learned	P	E	E	E	E	E	E	E	E	E	E	List lessons learned, 360° Eval, 5-7 min speech
Moderate a Panel Discussion	.	E	E	E	E	E	E	E	E	E	E	FD#1 20-40 min Panel Discussion
Prepare to Speak Professionally	.	X	E	E	E	E	E	E	E	E	E	TPS#1 Create visual aids (optional), 18-22 min speech