

# 11 PATHS

The primary core competencies represented in each path are listed in order of emphasis below.

- 
**Dynamic Leadership** — 1 2 3 5  
 Build strategic leadership and conflict resolution skills
- 
**Effective Coaching** — 1 2 4 5  
 Build interpersonal communication, leadership and coaching skills
- 
**Innovative Planning** — 1 4 2 5  
 Build creative project management and communication skills
- 
**Leadership Development** — 1 2 4 5  
 Build communication and leadership skills
- 
**Motivational Strategies** — 1 2 3 5  
 Build motivational leadership and communication skills
- 
**Persuasive Influence** — 1 3 2 5  
 Build skills to lead in complex situations
- 
**Presentation Mastery** — 1 5  
 Build public speaking skills
- 
**Strategic Relationships** — 1 2 3 5  
 Build networking, leadership and communication skills
- 
**Team Collaboration** — 1 4 2 5  
 Build collaborative leadership skills
- 
**Visionary Communication** — 1 3 2 5  
 Build innovative communication and leadership skills
- 
**Engaging Humour** — 1 5  
 Build your skills as a humorous and engaging public speaker

# FIVE CORE COMPETENCIES

1 PUBLIC SPEAKING

2 INTERPERSONAL COMMUNICATION

3 STRATEGIC LEADERSHIP

4 MANAGEMENT

5 CONFIDENCE

\*Confidence is unique because it cannot be taught, but is gained in every path.

Required		Electives	
Complete 2 paths	Club Officer (1 year)	District Officer (1 year)	Club Mentor OR Club Coach YLP OR Speechcraft OR Club Sponsor

**DTM Project:**  
 The purpose of this project is to demonstrate your skills as a leader and a public speaker. Plan and complete a project that benefits an organization.

**Pathways Distinguished Toastmaster**



## DEMONSTRATING EXPERTISE

- Project 15: Reflect on Your Path — Share your experience completing your path (10 - 12 min speech)
- Project 14: Choose an elective project.
- Project 13: A required project, based on your selected path.



## BUILDING SKILLS

- Project 12: Choose an elective project.
- Project 11: A required project, based on your selected path.
- Members must serve as a Topicsmaster and Toastmaster before beginning Level 4.



## INCREASING KNOWLEDGE

- Project 10: Choose an elective project.
- Project 9: Choose an elective project.
- Project 8: A required project, based on your selected path.



## LEARNING YOUR STYLE

- Project 7: Intro to Toastmasters Mentoring — Reflect upon and present a speech about when you were a mentee.
- Project 6: A required project, based on your selected path.
- Project 5: A required project, based on your selected path.



## MASTERING FUNDAMENTALS

- Project 4: Evaluation and Feedback: A speech on any topic, then review and incorporate feedback into a second speech.
- Project 3: Intro to Vocal Variety and Body Language: Practise using vocal variety or body language to enhance a speech.
- Project 2: Writing a Speech with Purpose — Learn or review basic methods for writing a speech with a defined purpose.
- Project 1: The Ice Breaker — A 4 to 6 minute speech to introduce yourself to the club.

Pathways Mentor Program: A structured program to help you understand best practises for mentoring. (Begin after Level 2)	
Prepare to Mentor —	Complete the self evaluation resources. There is no associated project speech.
Mentoring —	Work with a protégé to complete a project. After your mentorship, deliver a speech.
Advanced Mentoring—	Mentor a member for six months, communicating and meeting regularly.

### LEVEL 3 ELECTIVES

- Deliver Social Speeches (two 3 - 4 min)
- Using Presentation Software (5 - 7 min)
- Connect with Storytelling (5 - 7 min)
- Creating Effective Visual Aids (5 - 7 min)
- Using Descriptive Language (5 - 7 min)
- Connect with Your Audience (5 - 7 min)
- Focus on the Positive (2 - 3 OR 5 - 7 min)
- Inspire Your Audience (5 - 7 min)
- Prepare for an Interview (5 - 7 min)
- Understanding Vocal Variety (5 - 7 min)
- Effective Body Language (5 - 7 min)
- Active Listening Topicsmaster
- Make Connections Through Networking (5 - 7 min)
- Researching and Presenting (5 - 7 min)

### LEVEL 4 ELECTIVES

- Create a Podcast (2 - 3 min)
- Building a Social Media Presence (5 - 7 min)
- Managing a Difficult Audience (5 - 7 min)
- Write a Compelling Blog (2 - 3 min)
- Manage Online Meetings (20 - 25 min)
- Question-and-Answer Session (5 - 7 min and Q&A)
- Public Relations Strategies (5 - 7 min)
- Manage Projects Successfully (2 - 3 and 5 - 7 min)

### LEVEL 5 ELECTIVES

- Lessons Learnt (5 - 7 min)
- Moderate a Panel Discussion (20 - 40 min)
- Ethical Leadership (20 to 40 min)
- High Performance Leadership (two 5 - 7 min)
- Prepare to Speak Professionally (18 - 22 min)
- Leading in your Volunteer Organisation (5 - 7 min)

	LEVEL 2 FIRST PROJECT	LEVEL 2 SECOND PROJECT	LEVEL 3 REQUIRED PROJECT	LEVEL 4 REQUIRED PROJECT	LEVEL 5 REQUIRED PROJECT
<b>Dynamic Leadership</b>	Understanding your Communication Style	Understanding your Leadership Style	Negotiate the Best Outcome	Manage Change	Lead In Any Situation
<b>Effective Coaching</b>	Understanding your Communication Style	Understanding your Leadership Style	Reaching Consensus	Improvement Through Positive Coaching	High Performance Leadership
<b>Innovative Planning</b>	Understanding your Communication Style	Connect with your Audience	Present a Proposal	Manage Projects Successfully	High Performance Leadership
<b>Leadership Development</b>	Understanding your Leadership Style	Managing Time	Planning and Implementing	Leading Your Team	Manage Successful Events
<b>Motivational Strategies</b>	Understanding your Communication Style	Active Listening	Understanding Emotional Intelligence	Motivate Others	Team Building
<b>Persuasive Influence</b>	Understanding your Leadership Style	Active Listening	Understanding Conflict Resolution	Leading in Difficult Situations	High Performance Leadership
<b>Presentation Mastery</b>	Understanding your Communication Style	Effective Body Language	Persuasive Speaking	Managing a Difficult Audience	Prepare to Speak Professionally
<b>Strategic Relationships</b>	Understanding your Leadership Style	Cross Cultural Understanding	Make Connections Through Networking	Public Relations Strategies	Leading in your Volunteer Organization
<b>Team Collaboration</b>	Understanding your Leadership Style	Active Listening	Successful Collaboration	Motivate Others	Lead in Any Situation
<b>Visionary Communication</b>	Understanding your Communication Style	Understanding your Leadership Style	Develop a Communications Plan	Communicate Change	Develop Your Vision
<b>Engaging Humour</b>	Connect With your Audience	Know your Sense of Humour	Engage Your Audience With Humour	The Power of Humour in an Impromptu Speech	Deliver Your Message with Humour